



## **Philosophy group 2:**

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### **Structure of day 2, July 29th**

#### **Circle: sharing what is my interest in CI, each person one topic 30 min**

- Support other with their dance
- What is CI what is not CI
- Looking at people
- What is CI what is not CI
- What is pure CI
- How we meet in the dance out of the perspective of WEIGHT
- Abundance
- Getting more aware of my agenda, from what source do I move
- Observation: observer were my observation is
- Focus on the dance, see were the focus is
- How much is CI stragable, CI and xy, .....
- Were is my observation

#### **Dance – Jamming 60 min**

#### **Harvest (single) 15 min**

#### **Sharing circle 30 min**

- CI in water, is it contact?
- I ask myself what people work on and support them,....by supporting others I get something back immediately
- To stay with my theme of WEIGHT! Experience that I feel through that focus connected to all and everyone
- Abundance.... stay with my theme
- The space/dance room had elasticity
- Was emotional, very human ... engagement (sensual , emotional), not attached
- The face: all senses: what we see, smell, hear....using all senses not only inner sences
- Exploring the impulses, where are they coming form, what do I do with an impulse, is the impulse/reaction/pattern something I want to follow?
- Using hands, enjoy the change.... and trios and groups
- Hard to NOT DO CONTACT: taking potos, sit on the sofa, sleeping, ...
- What is pure CI, following the focus of weight is pure contact? Is touch pure CI?
- Serve others